## One of the deadliest symptoms of an eating disorder is silence.



## You are not alone!

## Free peer support group



For: Individuals 17 yrs+ who are struggling

with an eating disorder

When: 2nd and 4th Monday of each month

**Time**: 6:30 PM—7:30 PM

Facilitated by Wendy McWhorter-Finney, Co-Founder/CVO
Body Image Betrayal and Related Issues LLC

For information or to register please visit: http://www.bibri.org/

**Note**: These groups are about support and validation from others who are also struggling with eating disorders. These groups are *NOT* therapy groups.